

BREAKFAST MENU



SECRET BREAKFAST GFA/DFA £11.90

Pork & Leek sausage, streaky bacon, egg your way, field mushroom, vine on tomato, hash brown, pot of beans & sourdough toast

GARDEN BREAKFAST GFA/V £11.90

Sliced avocado, beetroot hummus, field mushroom, vine on tomato, veggie sausage, hash brown, pot of beans & sourdough toast

WELSH BREAKFAST GFA/DFA £11.90

Laverbread sausage, streaky bacon, fried cockles, egg your way, field mushroom, vine on tomato, hash brown, pot of beans & sourdough toast

BACON BRIOCHE GFA/DFA £7.50

Stacked streaky bacon served in a brioche bun

SAUSAGE BRIOCHE DFA £7.50

Pork & leek or laverbread sausage served in a brioche bun.

EGGS BENEDICT GFA/DFA £10.00

Two poached eggs, hollandaise sauce & streaky bacon served on a toasted brioche.

Upgrade to smoked salmon £2

VEGGIE SAUSAGE BRIOCHE GFA/VOA £7.50

Vegetarian sausage served in a brioche bun

TOAST GFA/DFA £3.00

House sourdough served with Welsh butter & jam

TEACAKE £3.75

Served with Welsh butter & jam

EGGS ON TOAST GFA/DFA £7.00

Poached, scrambled or fried on sourdough

APPLE & RASPBERRY BIRCHER BOWL £9.50

Overnight granola, Greek yogurt, cinnamon sugar & maple syrup

YOGURT & GRANOLA BRIOCHE FRENCH TOAST G £10.50

Fresh berries & maple syrup

AVOCADO ON TOAST DFA/GFA £10.50

Sliced Avocado, beetroot hummus, seeds & chilli served on toasted sourdough.

CRAB ON TOAST GFA/DFA £12.50

White crab, crunchy kohlrabi & cucumber, guacamole & chilli flakes served on toasted sourdough

SALMON ON TOAST GFA £11.50

Hot flaked salmon, lemon cream cheese, roasted courgette & green herb drizzle served on toasted sourdough

HALLOUMI ON TOAST GFA/G £11.50

Peri hummus, roasted red peppers & chilli jam served on toasted sourdough

Winter Specials

CRÈME BRÛLÉE BRIOCHE FRENCH TOAST £11.00

Vanilla custard, caramelised banana & maple syrup

BREAKFAST SIDES

BEANS £2.00

TOMATOES £2.00

MUSHROOMS £2.00

BACON £3.00

EGGS £3.00

SAUSAGE £3.00

HASH BROWN £3.00

HALLOUMI £4.00

SMOKED SALMON £4.00

AVOCADO £4.00

COCKLES £4.00

All of our bread products are baked at our in house bakery and delivered fresh daily



THE
SECRET
BEACH BAR & KITCHEN

BREAKFAST MENU

 | **WE ARE CASHLESS** | Contactless & card payments only