



WINTER HOT DRINKS

MULLED SANGRIA £6.00

Our homemade seasonal blend of red wine, calvados, dark rum, berries, citrus & spices

MULLED CIDER £6.00

A seasonal blend of Dunkerton's cider, organic apple juice, ginger, cinnamon, nutmeg & cloves

BLOOD ORANGE & FIG WARMER £6.00

A warming blend of blood orange, fig, star anise & cinnamon (alcohol-free)

APPETISERS

OLIVES £4.00

Pitted green olives tossed in lemon-infused olive oil, black pepper & thyme

NUTS £4.00

Cashew nuts drizzled with blossom honey & chilli

CROSTINI £4.00

Olive oil wheat crackers tossed in rosemary & sea salt

PEPPERS £4.50

Sweet North African peppers stuffed with cream cheese

SMALL PLATES

MUSSEL & COCKLE POPCORN DFA £6.50

Garlic mayo & fresh lemon

KOREAN CHICKEN WINGS £8.00

Gochujang glaze & sesame

CALAMARI DFA £8.50

Garlic mayo & fresh lemon

CURRIED ROOTVEGETABLE SOUP GFA/DFA/V £7.50

Sourdough & salted butter

BEEF NACHOS GFA/V £10.50

Mozzarella & sweetcorn salsa

CHAR SUI PORK BAO BUN DFA £9.00

Cucumber & sesame

JACKFRUIT BAO BUN V £8.50

Pickled red onion & sesame

POTATO BRAVAS GFA/DFA £6.00

Cajun sauce & sweetcorn salsa

LIGHT LUNCH

ON TOAST

AVOCADO ON TOAST GFA/DFA £10.00

Sliced avocado, beetroot hummus, seeds & chilli served on toasted sourdough

SALMON ON TOAST GFA £10.50

Hot flaked salmon, lemon cream cheese, roasted courgette & green herb drizzle served on toasted sourdough

HALLOUMI ON TOAST GFA/V £10.50

Peri hummus, roasted red peppers & chilli jam served on toasted sourdough

BAGUETTES

PERI MAYO CHICKEN GFA/DFA £12.50

Shredded chicken, roast peppers, peri mayo, mixed leaves, raw slaw & fries

BACON, BRIE & CRANBERRY GFA £12.50

Crispy bacon, melted brie, cranberry sauce, mixed leaves, raw slaw & fries

FISH FINGER BAGUETTE GFA/DFA £12.50

Beer battered fish, baby gem lettuce, tartare sauce, raw slaw & fries

FALAFEL GFA/V £12.00

Sweet potato falafel, roast peppers, mango chutney, mixed leaves, raw slaw & fries

MAINS

STEAK FRITES GFA/DFA £18.50

7oz flat iron steak cooked pink or well done, served with peppercorn sauce, skinny fries & side salad

GRILLED SALMON STEAK DFA £18.50

Butterflied salmon fillet, courgette, lemon & parmesan orzo

PAN FRIED COLEY GFA/DFA £17.50

Pan fried coley fillet, roasted new potatoes, sauteed hispi cabbage, cheese sauce & fennel crumb

SHEPHERD'S PIE GFA £15.50

Overnight braised lamb pie, root veg mash, & side salad

GRILLED CHICKEN GFA/DFA £16.50

Skin on butterfly chicken breast with sweetcorn salsa, chilli mayo, raw slaw & fries

TURKEY SCHNITZEL £15.50

Breaded turkey escalope, bitter leaf salad, skinny fries & cranberry & mustard sauce.

FISH & CHIPS GFA/DFA £17.50

Beer battered fish, homemade pea puree, tartare sauce & fries

SPICY BEEF LINGUINE DFA £15.50

Gochujang beef ragu, roasted red peppers, sesame & chilli oil

GRILLED BUTTERNUT SQUASH GFA/V £15.50

Raw slaw, chilli mayo, sweetcorn salsa & fries

BURGERS

BEEF BURGER GFA/DFA £16.50

5oz beef burger, cheddar cheese, streaky bacon, baby gem lettuce, pickles, tomato, raw slaw & fries

BRIE & CRANBERRY BURGER GFA/DFA £16.50

5oz beef burger, brie, streaky bacon, cranberry sauce, baby gem lettuce, pickles, tomato, raw slaw & fries

NOT FISH BURGER GFA/V £14.50

Curry spiced battered tofu, chilli mayo, baby gem lettuce, pickles, tomato, raw slaw & fries

CHICKEN PARMIGIANA GFA £16.50

Breaded chicken, melted mozzarella, pesto mayo, chilli jam, baby gem lettuce, tomato, raw slaw & fries

HALLOUMI BURGER GFA/V £14.50

Grilled Halloumi, chili mayo, baby gem lettuce, tomato, raw slaw & fries

SIDES

FRIES, RAW SLAW, GARLIC BREAD, PEPPERCORN SAUCE, SIDE SALAD £3.00

CHEESY GARLIC BREAD, PARMESAN TRUFFLE FRIES, SWEET POTATO FRIES, SEASONAL GREENS £4.00



THE
SECRET
BEACH BAR & KITCHEN

LUNCH