



## AUTUMN HOT DRINKS

### PUMPKIN SPICED LATTE

£4.50

### MAPLE & GINGER CAPPUCCINO

£4.30

### BANOFFEE PIE HOT CHOCOLATE

£4.70

### RASPBERRY CHEESECAKE PINK HOT CHOCOLATE

£4.70

## APPETISERS

### OLIVES £4.00

Pitted green olives tossed in lemon-infused olive oil, black pepper & thyme

### NUTS £4.00

Cashew nuts drizzled with blossom honey & chilli

### PICOS DE PAN £3.50

Andalusian toasted mini breadsticks made with extra virgin olive oil

### PEPPERS £4.50

Sweet North African peppers stuffed with cream cheese

## SMALL PLATES

### MUSSEL & COCKLE POPCORN DFA £6.50

Garlic mayo & fresh lemon

### KOREAN CHICKEN WINGS £8.00

Gochujang glaze & sesame

### CALAMARI DFA £8.50

Garlic mayo & fresh lemon

### CURRIED ROOTVEGETABLE SOUP GFA/DFA/V £6.50

Sourdough & salted butter

### BEEF NACHOS GFA/V £10.50

Mozzarella & sweetcorn salsa

### CHAR SUI PORK BAO BUN DFA £9.00

Cucumber & sesame

### JACKFRUIT BAO BUN V £8.50

Pickled red onion & sesame

### POTATO BRAVAS GFA/DFA £6.00

Cajun sauce & sweetcorn salsa

## LIGHT LUNCH

### ON TOAST

#### AVOCADO ON TOAST GFA/DFA £10.00

Sliced Avocado, beetroot hummus, seeds & chilli served on toasted sourdough

#### SALMON ON TOAST GFA £10.50

Hot flaked salmon, lemon cream cheese, roasted courgette & green herb drizzle served on toasted sourdough

#### HALLOUMI ON TOAST GFA/V £10.50

Peri hummus, roasted red peppers & chilli jam served on toasted sourdough

### BAGUETTES

#### PERI MAYO CHICKEN GFA/DFA £12.50

Shredded chicken, roast peppers, peri mayo, mixed leaves, raw slaw & fries

#### BACON, BRIE & CRANBERRY GFA £12.50

Crispy bacon, melted brie, cranberry sauce, mixed leaves, raw slaw & fries

#### FISH FINGER BAGUETTE GFA/DFA £12.50

Baby gem lettuce, tartare sauce, raw slaw & fries

#### FALAFEL GFA/V £12.00

Sweet potato Falafel, roast peppers, mango chutney, mixed leaves, raw slaw & fries

## MAINS

### STEAK FRITES GFA/DFA £18.50

7oz flat iron steak cooked pink or well done, served with peppercorn sauce, skinny fries & side salad

### GRILLED SALMON STEAK DFA £18.50

Butterflied salmon fillet, courgette, lemon & parmesan orzo

### PAN FRIED COLEY GFA/DFA £17.50

Pan fried coley fillet, roasted new potatoes, sauteed hispi cabbage, cheese sauce & fennel crumb

### SHEPARD'S PIE GFA £15.50

Overnight braised lamb pie, root veg mash, maple roasted parsnips & side salad

### GRILLED CHICKEN GFA/DFA £16.50

Skin on butterfly chicken breast with sweetcorn salsa, chilli mayo, raw slaw & fries

### TURKEY SCHNITZEL £15.50

Breaded Turkey escalope, bitter leaf salad, skinny fries & cranberry & mustard sauce.

### FISH & CHIPS GFA/DFA £17.50

Beer battered fish, homemade pea puree, tartare sauce & fries

### SPICY BEEF LINGUINE DFA £15.50

Gochujang beef ragu, roasted red peppers, sesame & chilli oil

### GRILLED BUTTERNUT SQUASH GFA/V £13.50

Raw slaw, chilli mayo, sweetcorn salsa & fries

## BURGERS

### BEEF BURGER GFA/DFA £16.50

5oz beef burger, cheddar cheese, streaky bacon, baby gem lettuce, pickles, tomato, raw slaw & fries

### BRIE & CRANBERRY BURGER GFA/DFA £16.50

5oz beef burger, brie, streaky bacon, cranberry sauce, baby gem lettuce, pickles, tomato, raw slaw & fries

### NOT FISH BURGER GFA/V £14.50

Curry spiced battered tofu, chilli mayo, baby gem lettuce, pickles, tomato, raw slaw & fries

### CHICKEN PARMIGIANA GFA £16.50

Breaded chicken, melted mozzarella, pesto mayo, chilli jam, baby gem lettuce, tomato, raw slaw & fries

### HALLOUMI BURGER GFA/V £14.50

Grilled Halloumi, chili mayo, baby gem lettuce, tomato, raw slaw & fries

## SIDES

FRIES, RAW SLAW, GARLIC BREAD, PEPPERCORN SAUCE, SIDE SALAD £3.00

CHEESY GARLIC BREAD, PARMESAN TRUFFLE FRIES, SWEET POTATO FRIES, SEASONAL GREENS £4.00



THE  
SECRET  
BEACH BAR & KITCHEN

LUNCH